



## SCJTL PERFORMANCE/COMPETITION TRAINING RULES OF CONDUCT

Belonging to any school tennis team requires maturity, accountability and mutual respect; only under these conditions will the team be successful. In order to facilitate a positive training atmosphere we require that all players follow the rules of the program. As your coaches, we insist that you agree to these conditions in order to maintain the integrity of the program and create the best environment for your training. In order to participate in this program, you must accept the following conditions:

- Players are not allowed to abuse any equipment at the facilities which includes: throwing rackets, hitting balls into the fences or outside the courts or any other act of frustration.
- Players are not allowed to use any profanity or words that could be considered to be inappropriate in a tennis training setting.
- Players must respect and follow the directions of their coaches at all times; your coaches are certified tennis professionals who have your best interest in mind.
- Players must treat their teammates with respect; if conflicts should arise, a coach must be notified immediately
- No verbal or physical confrontations between players will be tolerated; there is a zero tolerance policy (first strike, you are out)
- Players must dress appropriately to play tennis; players will not be allowed to participate in shoes or sandals under any circumstances for safety reasons.
- Active participation is required at all times unless a medical condition warrants otherwise.
- Players will be held accountable for bringing their own equipment, which includes: racket(s), water, sunblock, towels, sneakers, team shirt (on competition days).

In order to participate in this program, you must agree to all of the above conditions. Your coaches maintain the right to enforce additional requirements as the program begins. Once again, these rules are in place to ensure that each player is given the best chance to succeed in a team tennis environment. Any concerns should be addressed immediately to one of the coaches. Please indicate that you agree to these terms by signing your name below.

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Name (Please Print)

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Signature